



Acupuncture Discharge Instructions

Procedure done: Acupuncture

The Physician who performed your procedure is: Dr. Seetal Cheema

Special Orders:

1. Avoid intake of alcoholic beverages for 24 hours. Drink plenty of fluids for the next day.
2. Do not do any heavy lifting or do extraneous activity more than your usual functional activity for the next 24 hours.
3. **If you experience any of the following symptoms, go to the nearest Emergency Room:**
 - Excruciating pain and/or pain that is not relieved with rest or your regular medications
 - Redness and/or swelling around the injection site after 24 hours
 - Extensive bruising or uncontrolled bleeding
4. **FOR LIFE THREATENING EMERGENCIES CALL 911**



P: 855.713.0334
F: 323.297.2772
E: seetal@seetalcheema.com

seetalcheema.com